



# Mill Park Primary School



## CANTEEN MENU 2017

To order: On a paper bag, print your child's name and class number, followed by the lunch order. If you don't have a paper bag, please place in envelope and one will be provided at a cost of 10 cents.

ALL MEALS AND RECIPES ARE APPROVED BY NUTRITION AUSTRALIA

**COMBO PACKS:** Combo Packs come with a free mini muffin & drink: Quench, Fruit Box, Chocolate or Strawberry Big M or Slushy. Orders must be carefully labelled with Pack Number, Food Item & Preferred Drink.

- 1 Burgers: Chicken, Lettuce, Mayo \$6.00; Fish, Lettuce, Mayo \$6.00; Beef, Lettuce, Sauce \$6.00
- 2 Chicken Parma / Salsa / Cheese \$5.50
- 3 6 Chicken Nuggets \$6.50
- 4 Hawaiian or BBQ Chicken Pizza \$5.50
- 5 Hot Dog \$5.00 Add 30¢ for sauce / 30¢ for cheese
- 6 Lasagne or Mac Cheese (Handmade) \$6.00
- 7 Margarita Pizza \$5.00
- 8 Meat Pie Good Eating or Pastie \$5.50 Add 30¢ for sauce
- 9 Meatball and Cheese Sub \$6.50
- 10 Nachos / Salsa / Cheese \$6.00
- 11 3 Party Pies \$5.00 Add 30¢ for sauce
- 12 Sausage Roll Handmade \$5.00 – Add 30¢ for sauce
- 13 3 Steamed Dim Sims \$5.00
- 14 Sweet Chicken Chilli Wrap Lettuce / Mayo \$6.00

Add 50¢ for Sour Cream or  
40¢ Sweet Chilli Sauce



### SANDWICHES: *white or wholemeal bread*

Cheese	\$2.50
Cheese and Tomato	\$2.70
Egg and Lettuce	\$3.50
Ham and Cheese	\$3.30
Ham / Cheese and Tomato	\$3.60
Ham / Tuna or Roast Chicken	\$3.00
Salad – Ham / Tuna or Roast Chicken	\$4.50
Salad: Lettuce, Tomato, Carrot, Cucumber & Beetroot	\$3.50
Salad with Cheese	\$3.80
Vegemite	\$2.00



### TOASTIES/JAFFLES: *white or wholemeal bread*

Baked Beans	\$3.00
Cheese	\$2.70
Cheese and Tomato	\$3.00
Ham & Cheese	\$3.50
Ham, Cheese and Tomato	\$3.80
Spaghetti	\$3.00
<b>FOCACCIAS</b>	
Ham, Cheese and Tomato	\$5.50
Roast Chicken, Cheese, Avocado	\$5.50

Add Beetroot 30¢/Carrot 30¢/Cheese 30¢/Tomato 30¢/Avocado 50¢/Egg 50¢/Mayo 50¢

### WARM FOODS: *please add 30¢ for Tomato Sauce / 50¢ Sour Cream / 40¢ Chilli Sauce*

Chicken Nuggets (3)	\$2.50	Beef Burger Lettuce / Sauce	\$4.00
Chicken Nuggets (6)	\$4.50	Chicken Burger Lettuce / Mayo	\$4.00
Fish & Oven Baked Wedges Add 50¢ Tartar Sauce	\$5.00	Chicken Parma	\$3.50
Hawaiian or BBQ Chicken Pizza	\$3.50	Corn on the cob	\$1.00
Large Sausage Roll Handmade	\$3.00	Dim Sim Steamed	\$1.00
Margarita Pizza	\$3.00	Fish Burger Lettuce / Mayo	\$4.00
Meat Pie Good Eating	\$3.50	Hot Chicken Roll – Mayo or Gravy	\$4.00
Nacho / Cheese / Salsa	\$4.00	Hot Dog (Halal Available)	\$3.00
Noodle Cup (Chicken)	\$3.00	Hot Dog with Cheese	\$3.30
Oven Baked Wedges	\$4.00	Lasagne (Handmade)	\$4.00
Pastizzi (Cheese)	\$1.00	Mac Cheese (Handmade)	\$4.00
Party Pie Good Eating	\$1.00	Meatball and Cheese Sub	\$4.50
Pastie	\$3.50	Sweet Chicken Chilli Wrap: Lettuce/Mayo	\$4.00



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### SALAD TUBS

Lettuce, Carrot, Cucumber, Tomato, Beetroot and Salad Dressing \$4.50  
Add Roast Chicken, Ham or Tuna \$1.00

### FRUITS

Frozen Orange Quarter 30¢  
Frozen Pineapple Ring 50¢  
Seasonal Fruit Salad Tub \$4.50  
Slinky Apple \$1.00

### SNACKS

Choc Chip Cookie \$1.00  
Corntos \$1.00  
Jelly Cup \$1.00  
JJ's \$1.50  
Large Muffin \$1.00  
Mini Muffin 50¢  
Noodle Snack \$1.00  
Popcorn \$1.50  
Rice Crackers 10¢  
Yumball 70¢

### GLUTEN FREE

Nuggets 3 \$2.50  
Nuggets 6 \$4.50  
Pies \$4.00

### DRINKS

Big M \$2.00  
Fresh Fruit Smoothie \$2.00  
Fruit Box \$2.00  
Fresh Milk Sipahh Straw \$1.00  
Frozen Jelly Fruit 50¢  
Plain Milk \$1.50  
Quench \$2.00  
Slush Puppy \$2.00

### ICE CREAMS

Chocolate Shaker Cup \$2.00  
Frozen Jelly Fruit 50¢  
Icy Twist \$1.20  
Juicy \$1.20  
Moosie \$1.50  
Paddle Pop \$1.50  
Zing Frozen Yoghurt \$1.00



Lee Taylor  
Canteen Manager